

2023 Pickard Power Skate

More Power, More Skills, More Fun

Local Instructors Supporting Local Hockey Associations

DAILY SCHEDULE

Stretch & Warm-up
Power Skate
Stick Handling
Games- Relays-Fun
Individual Attention

SKILL DEVELOPMENT

Skating Stride
Body Position
Skating Efficiency
Forward & Backward
Crossovers
Stops & Starts
Turns & Pivots
Quickness & Agility

STICK HANDLING

Skate Skills with the Puck
Strength
Protecting the Puck
Shooting & Receiving
Explosive Speed

When:

Monday- Friday
August 7-11, 2023

Where:

Crystal Fieldhouse
5371 Daly Farms Dr. Burton

Time: 10am – 12:00pm (Noon)

Cost: \$245 per skater
2 Siblings for \$470.00

To Register:

Complete registration form and mail with check to:
Nancy M. Pickard, 6471 Calkins Rd. Flint, MI 48532

Or

Email completed registration form and send Venmo Payment.

In Venmo, search Nancy Pickard or @Nancy-Pickard-3

(Please include your skater's name in the description.)

Questions? Please Call, Nancy Pickard (810) 240-9805

Or Email NPickard48@gmail.com

REGISTER IMMEDIATELY



2023 Pickard Power Skate Registration

MAIL APPLICATION AND

\$245.00 CHECK WRITTEN TO:

**6471 CALKINS RD.
FLINT, MI 48532**

**OR
EMAIL APPLICATION AND
PAYMENT THROUGH VENMO**

Search:

Search Nancy Pickard or @Nancy-Pickard-3

THE PARTICIPANT AGREES THAT PICKARD POWER SKATE, OUR INSTRUCTORS, AND CRYSTAL FIELDHOUSE, WILL NOT BE RESPONSIBLE FOR ANY ACCIDENTS OR LOSS HOWEVER CAUSED, AND AGREES TO RELEASE THE PROPRIETORS AND/OR THE SKATING RINK FROM ALL CLAIMS OF DAMAGES WHICH MAY ARISE AS A RESULT OF OR ANY REASON OF SUCH ACCIDENT OR LOSS.

PLAYER'S NAME

ADDRESS

CITY/ ZIP

BIRTHDAY & DIVISION FALL 2022

PARENT / GUARDIAN

HOME PHONE NUMBER

WORK PHONE & CELL PHONE NUMBERS

IN THE EVENT OF AN INABILITY TO BE CONTACTED, I HEREBY GIVE PICKARD POWER SKATE PERMISSION TO SEEK ANY NECESSARY MEDICAL ATTENTION REQUIRED.

NAME OF MEDICAL INSURANCE

MEDICAL INSURANCE NUMBER

PARENT/GUARDIAN'S NAME (Print)

PARENT/GUARDIAN'S SIGNATURE

DATE

EMAIL ADDRESS

Your email address will be used for Power Skate Clinic Confirmation and notification of future Pickard Power Skate Clinics Only

INDICATE SKATER'S T-SHIRT SIZE:

\$245.00 PAYMENT DUE WITH APPLICATION

ADULT (Small-XL): _____

YOUTH(Small-Large): _____

***FULL EQUIPMENT REQUIRED AT
ALL TIMES WHILE ON THE ICE***

